



## REACH VA Training Class Sessions

(Resources for Enhancing All Caregivers' Health- An Evidence Based Program)

We want to **REACH** more ALS, Dementia, MS, PTSD, and SCI/D Caregivers!!

If you are professional staff or a supervised trainee in a VA facility and would like to support Caregivers of Veterans with the following conditions: ALS, Dementia, MS, PTSD, or Spinal Cord Injury/Disorders training for the REACH (Resources for Enhancing All Caregivers Health) VA Program is now available.

As a Program Coach, you will deliver education and skills-building in four core sessions. Caregivers will learn about the loved one's condition, safety risks, and self-care. They develop skills in problem solving, positive thinking and stress management. The Program can be delivered over two to three months by phone or face- to-face delivery. The REACH VA Program has been shown to decrease Caregiver depression, burden, and frustrations, and reduce the number of challenging Care Recipient problems reported. REACH VA is focused and efficient; it helps maximize your time and interaction with Caregivers by providing a structure for giving them exactly what they need.

Training is offered by the Memphis Caregiver Center and the VHA Employee Education System (EES) and is approved for 3.0 CEUs for nurses, social workers, counselors and psychologists. Click on one of the registration links below to register in TMS.gov for training and to discover how you can become a certified REACH VA Program Coach. All training is live and online; supported by Adobe Connect and VANTS.

### Save the Training Dates!

April 19, 2017	11:00am to 2:00pm EST
June 21, 2017	1:00pm to 4:00pm EST
August 16, 2017	11:00pm to 2:00pm EST

Registration Links:	Training Class Time:
<a href="#">REACH VA 19 APR 2017</a>	11:00am - 2:00 pm ET
<a href="#">REACH VA 21 JUN 2017</a>	1:00pm - 4:00pm ET
<a href="#">REACH VA 16 AUG 2017</a>	11:00am - 2:00 pm ET

To learn more about the program, please contact:

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